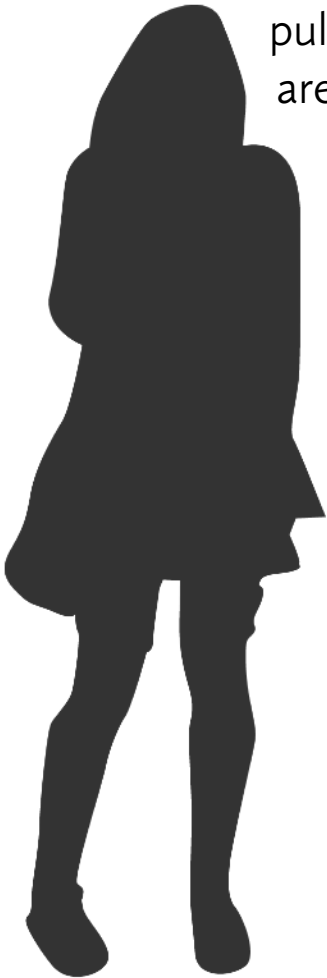




Body-Focused Repetitive Behaviors Support Group

(BFRB; hair-pulling, skin-picking)

It takes courage to talk about your battle with hair-pulling or skin-picking, but it can help to know you are not alone! Spend time talking with and receiving support from others that understand what you are going through at our support group for adults (18+) dealing with Trichotillomania or Dermatillomania.



Facilitated by a member of KCCAT's staff.

Free and open to the public, but RSVP is required for attendance.

**For questions or to RSVP please call or email:
(913) 649-8820 (select option 5)
or email groups@kcanxiety.com**

Where: Virtually, using Google Meet
Please register for meeting link

When: Monthly on the 2nd Wednesday
6:30 PM - 7:30PM