

Adult Anxiety Disorders Support Group

Bring your lunch for this encouraging and motivating support group for those thirty-something and older! This no-cost group is open to current or former KCCAT patients with OCD or other anxiety diagnoses.



Professionally facilitated by KCCAT staff.

**Pre-registration is required for attendance.
Open to current or former KCCAT patients only.**

**Please call with questions, or to register, at:
(913) 649-8820 (select option 5)
or email groups@kcanxiety.com**

Where: Virtually, using the Google Meet platform
Please RSVP to receive meeting information.

When: 1st Tuesday of each month
12:00 PM - 1:00 PM