

This document details KCCAT's current fees across our team members and important notes on session length, prorating, cancellation or no-show charges, and other notes.

## Initial Assessment

Initial assessments are typically 90-120 minutes long, billed as a flat fee based on the license level of the KCCAT team member. If the assessment requires significantly more time than this, another appointment will be scheduled and billed at our regular rates (outlined below). All services following the initial assessment are billed at our regular service rates. The initial assessment also includes our review of your prior treatment history/records, initial contacts with other current providers, and (if requested within eight weeks of your assessment date) a summary letter of our assessment impressions and the clinical rationale of proposed treatment plans.

Fully Licensed Clinicians (KS LP or LCP license)	Temporary Licensed Doctoral Level Clinicians (KS T-LP license)	Fully Licensed Clinical Associates (Training Track) (KS LCPC License)	Unlicensed Practicum Trainees (supervised by fully licensed LP staff)	Charge for Late Cancellation or No Show	Billing Increment
\$385.00	\$385.00	\$385.00	\$200.00	\$100.00	Flat Fee

## Regular Service Rates

These rates are used for psychotherapy sessions, travel time (if applicable), professional consultations (including extended coordination with other providers or school meetings), phone calls, and paperwork/documentation completion (e.g., forms, letters, or memoranda of treatment, diagnoses, etc.). Services are billed by time in five-minute increments, prorated from the stated 45-minute rate. For example, a 30-minute session with a fully licensed clinician would cost \$126.60, whereas a 60-minute session would cost \$253.20.

Fully Licensed Clinicians (KS LP or LCP license)	Temporary Licensed Doctoral Level Clinicians (KS T-LP license)	Fully Licensed Clinical Associates (Training Track) (KS LCPC License)	Unlicensed Practicum Trainees (supervised by fully licensed LP staff)	Charge for Late Cancellation or No Show	Billing Increment
\$190.00 per 45 minutes	\$160 per 45 minutes	\$165 per 45 minutes	\$80 per 45 minutes	Same as the charge for the scheduled appointment time (up to 45 minutes)	5 Minutes

**Psychotherapy:** While we base our rates on 45 minutes, that does not mean that all sessions are exactly 45 minutes long. Session duration will vary by clinical need. *Starting out, sessions are typically about 45-60 minutes, but successful treatment of some conditions or emergent situations may necessitate longer sessions.* Your primary therapist will discuss this in more detail during your feedback appointment and provide information about what our team feels is indicated for successful treatment.

**Professional Consultations:** Length varies to fit specific needs, but these are typically 30-45 minutes long. Consultations also apply to extended coordination with other providers or our attendance at school meetings.

**Travel Time:** Calculated as the time it takes to travel from KCCAT’s office to the session location *and* back.

**Phone Calls and Paperwork/Documentation Completion:** Varies by need. Your primary therapist or a member of our administrative team will let you know about any charges for documentation.

**Coaching Service**

Our "homework support" coaching service provides extra assistance with ERP practice or monitoring other between-session assignments. This trainee-provided service is billed at a nominal fee with no travel time charges within the greater Kansas City metro area. This service is contingent upon clinical fit and student staffing times/availability. Coaching sessions are usually brief, in the 5-30 minute range. Your primary therapist can help you determine if this service would be a helpful component of your treatment plan.

Fully Licensed Clinicians (KS LP or LCP license)	Temporary Licensed Doctoral Level Clinicians (KS T-LP license)	Master’s Level Trainee Clinicians (KS LMLP license)	Unlicensed Practicum Trainees (supervised by fully licensed LP staff)	Charge for Late Cancelation or No Show	Billing Increment
Not Available	\$0.50 per minute	\$0.50 per minute	\$0.50 per minute	Same as the charge for the scheduled appointment time (up to 45 minutes)	1 Minute

Updated July 19, 2025. If you are an established patient, you will be notified of any anticipated fee adjustments with at least 30 days’ notice.  
Please refer to <https://www.kcanxiety.com/policies/> for more information about our fees and policies.