



Two Year Postdoctoral Fellowship *OCD & Anxiety Group Programming Focus*

Our Setting

KCCAT is a fun and supportive environment with a focus on providing high-quality, evidence-based care plans with patient options for accelerated and home/community-based services. KCCAT was the first (and still only) treatment, research, and training facility to offer expert, team-based care for anxiety, OCD, and related disorders in the Kansas City metropolitan area. We are known locally and nationally for our commitment to excellence in clinical treatment, scholarly inquiry, and education. Postdoctoral Fellows will enjoy a newly renovated, well-appointed, and spacious work environment, flexible hours, and services tailored to patient needs free from managed care, with ways of combining direct clinical duties with additional program development, scholarship, and research. Generous compensation and benefits packages include paid health and professional insurance, continuing education, family leave, relocation assistance, available retirement plan with company match, and more.

Ideal Candidate

Excellent opportunity for an early career psychologist looking to either expand upon or gain extensive mentored experience with OCD, anxiety, mood, and related conditions across the lifespan. Exact duties to-be-determined in conjunction with Fellow's level of prior experience, but between 25–50% of fellowship activities will be focused on developing and providing group-based treatments for OCD and anxiety disorders, including extension of low-cost programming for underserved populations, and research monitoring of group-based services. Ideal opportunity for an individual interested in evidence-based treatment dissemination, programming development and evaluation, and supervision of graduate students. A strong CBT orientation and is required; comfort assisting in services for both youth and adults is strongly preferred.

The ideal candidate will be creative, organized, self-disciplined, work well within a team approach, and possess an appreciation of and dedication to evidence-based treatment. Preference will be given to individuals who have experience in utilizing exposure-based, behavioral (e.g., contingency management, habit reversal training), and cognitive/acceptance approaches for OCD, anxiety, mood and related conditions; however, promising applicants who are looking to receive training in this area will be considered on a case-by-case basis.

Location

Kansas City metropolitan area: Overland Park, KS, United States

Qualifications

Required base qualifications include doctorate from an APA-accredited degree program and internship, licensure eligibility in both Kansas and Missouri

Fellowship Description

Primary activities will include delivery of evidenced-based psychological services, assisting with supervision of doctoral student practicum trainees, and helping to develop, deliver, and promote center programming reflecting KCCAT's strong treatment, research, and educational mission. Fellows can expect exposure to working with the entire lifespan (although a preference for working primarily with either adults or children/adolescents can be accommodated) and a wide array of anxiety, obsessive compulsive, and related disorders presentations. Primary mood disorder patients comprise a small portion of typical caseload assignments. Fellows can also expect to deliver treatment at a variety of levels of intensity/frequency depending on protocol needs, spanning from general outpatient (e.g., once-weekly 45–60 minute sessions) to individualized intensive-outpatient plans (e.g., extended sessions of 90–120+ multiple times per week/daily over the course of a week through several weeks).

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KCCAT employs a closely mentored and graded approach to training, and Fellows can expect to have their experience tailored to their background and current needs of professional development. This particular position will include intensive training in providing group-based services for OCD and anxiety, including co-therapy and in-vivo supervision in the beginning stages of the fellowship. With our team-based approach, Fellows are able to jump in immediately with a combination of shadowing and co-therapy activities, segueing to individual caseload assignments as befitting their particular educational background and comfort with anxiety specialty care. Per state licensure laws, postdoctoral trainees receive *at minimum* one hour of supervision from a licensed psychologist per week, as well as three hours weekly of team-wide case meetings. As mentoring is a primary focus of our center, KCCAT Fellows

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routinely receive far more than the minimum supervision required for licensure. Additionally, Fellows will attend KCCAT's monthly training didactics and/or co-lead/lead these meetings for practicum students as applicable to experience and interest. As time allows, Fellows are supported in joining ongoing or initiating their own research projects outside of their assigned duties, and we welcome the opportunity to support Fellows in applying for funded research opportunities. Our team is frequently sought out by local organizations and educational institutions to present on a variety of topics and Fellows are highly encouraged to take part in these when available and appropriate.

Fellowship Activities

As a Postdoctoral Fellow at KCCAT and to fulfill postdoctoral fellowship requirements for both Kansas and Missouri, you are expected to dedicate approximately 40 hours per week to your KCCAT duties. This will include:

- Three hours per week dedicated to **team meeting** (currently Thursdays, 10:00 AM–1:00 PM)
- One hour (at minimum) **individual supervision** with Dr. Kriegshauser and other staff members, as assigned (this individual must be a licensed psychologist for at least two years; other staff members may provide supervision, but this will not qualify as supervision hours that will count towards licensure requirements). If Fellow averages more than 20 independent clinical hours per week during the first year of fellowship, extra weekly supervision with Dr. Kriegshauser or another eligible staff member will be arranged, per Kansas requirements.
- One hour monthly **didactics** with practicum students (First Thursday each month, 1:00 PM)
- One hour monthly **group supervision** with practicum students (Third Thursday each month, 1:00 PM)
- One half day each week dedicated to **EPPP study** during first six months of fellowship (or until EPPP taken/passed, whichever is sooner)
- **Clinical service provision** (900 hours within 12 months; state requirements mandate a minimum of 10 hours patient contact per week throughout fellowship; this may include co-therapy and shadowing activities)
- **Program development:** As part of this fellowship position, program development and implementation related to group services will be primary, but

the Fellow will also be involved in program development for other services and projects at the center

- **Supervision of graduate students** (as elected)
- **Research participation** (as elected)
- **Other activities:** teaching through local undergraduate and graduate institutions, public education events, conference presentations, clinical training (workshops, in-services), etc.

To Apply

(Confidential initial inquiries are welcome.)

Individuals should submit curriculum vitae and a letter of interest. Proceeding candidates will be required to supply three letters of recommendation and permission for speaking with references.

Please send application materials to the attention of KCCAT's Director, Katie Kriegshauser, PhD, via email at: careers@kcanxiety.com

Note: Current openings are slated as hiring a full-time, two-year Postdoctoral Fellow with a negotiable start date, ideally between July and September 2021. Applications for other employment positions are also accepted and reviewed on a rolling basis as we consider ongoing development and staffing needs. KCCAT employees enjoy significant scheduling flexibility and generous compensation and benefits packages. Confidential inquiries welcome, and we are always happy to keep applications of fit on file for discussion and notification of any future openings.

Learn more about our center at: kcanxiety.com

Learn more about our vibrant and affordable community at: visitkc.com