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## LOCATION AND ACCESS

The Clinic is on the third floor of KU's Fraser Hall, which is located at the corner of Jayhawk Boulevard and Lilac Lane. The Clinic office and reception area are in 340 Fraser.

The Clinic provides community clients with free access to campus parking. For the first visit, this permit is obtained by calling the Clinic office. The Clinic also is easily accessible from both city and University buses. Both bus systems have stops directly outside of Fraser Hall.

The Clinic is fully accessible to the mobility impaired by entering Fraser through the South door. Elevators are located at the center of the building.

### Director of the Clinical Program

Raymond Higgins, PhD.

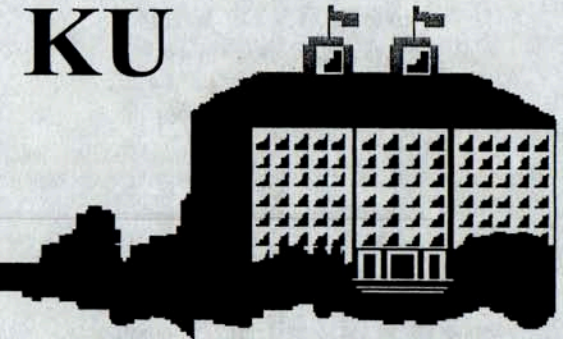
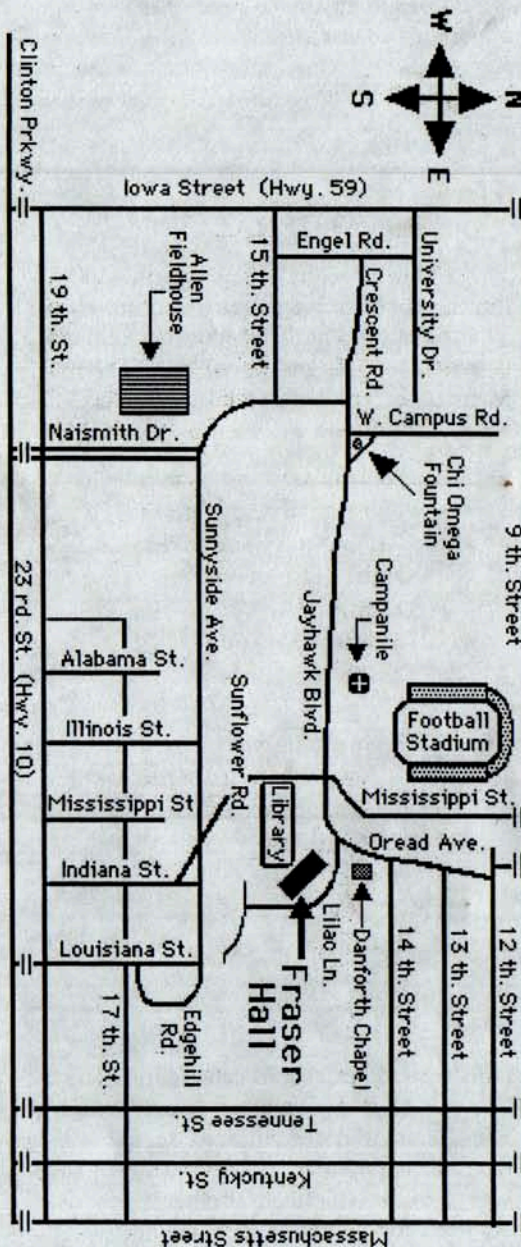
### Director of KU Psychological Clinic

Sarah Kirk, PhD.

### Clinic Administrative Assistant

Bonnie Schafer

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## Psychological Clinic

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**Affordable Mental Health  
Services for the Lawrence  
Community Since 1952**

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**1415 Jayhawk Blvd.  
340 Fraser Hall  
University of Kansas  
Lawrence, KS 66045-7556**

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Phone: 785-864-4121  
Fax: 785-864-5696  
[www.psych.ku.edu/psych\\_clinic/](http://www.psych.ku.edu/psych_clinic/)

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## THE UNIVERSITY OF KANSAS PSYCHOLOGICAL CLINIC

The Psychological Clinic provides outpatient mental health services to people from the University of Kansas, the Lawrence community, and the surrounding area. It is a training, teaching and research facility associated with the Clinical Psychology Doctoral Program. The clinic has been in existence since 1952 and has specialized over the years in bringing state-of-the-art psychological services to the citizens of North-East Kansas.

### STAFF

The Clinic supervisory staff consists of licensed clinical psychologist. Most direct services are provided by students in the graduate training program in Clinical Psychology. The students have completed at least one year of doctoral training before seeing clients, and all receive supervision for their work. An administrative team reviews and establishes policy regarding the Clinic's operations.

### CONTACTING THE CLINIC

Individuals inquiring about services may call 864-4121 or may come to the Clinic office between 12:30 and 4:30 Monday through Friday. The intake process can be completed over the phone or in person, and usually takes about twenty minutes. During the intake, the prospective client and the intake interviewer determine how best to help the client. The client is then assigned to a therapist in the Clinic or is referred elsewhere for the services that might better address his or her needs.

Crisis intervention, referrals, and information are offered to anyone in need. Some evening appointments are available. After hour messages can be left on the Clinic's answering machine. Calls are returned the next business day.

### THERAPY

The Clinic does not impose artificial time limits on the services provided to clients. Whether treatment is brief or more extended is based on the needs of the individual. Some of the problems addressed in the Clinic are related to:

- Academic Performance
- Adjusting to health problems
- Chronic worry and anxiety
- Conflict resolution
- Depression
- Drugs and alcohol
- Family
- Lifestyle adjustments
- Parenting problems
- Phobias and other disorders
- Physical or mental challenges
- Relationships
- School
- Self-concept
- Sexuality
- Social skills
- Stress management

Individual adult, adolescent, child, couple, family and group treatments are available. The Clinic is not committed to any single type of intervention. Various ways of helping people with their problems are used. Services are tailored to meet the needs of the client.

### PSYCHOLOGICAL ASSESSMENT

Psychological assessment services are provided on a referral basis or as a part of ongoing treatment. In addition to personality and ability tests, individual couple and family assessments are available.



### CONFIDENTIALITY

All contacts with the Clinic are confidential. No information about Clinic clients is released without their written consent unless it is legally or ethically mandated. The Clinic enjoys the same legal confidentiality guarantees as all other licensed mental health professionals.

### FEES

The Clinic uses a sliding fee scale for community clients. Fees are adjusted according to income and number of dependents. KU students are charged a reduced fee.